

**Kendal & District Cycle Scene**
**Programme**
**January - June 2010**

|                 |                  | Destination  | Meet at:-                 | Time  | Approx. Mileage | Leader             | Telephone    |
|-----------------|------------------|--|---------------------------|-------|-----------------|--------------------|--------------|
| <b>January</b>  |                  |  |                           |       |                 |                    |              |
| SUN             | 3                | Carnforth via Arnside  | Blue Bell, Heversham      | 10.00 | 30              | Peter (Raffle)     | 01524 761801 |
| SAT             | 16               | Langdale Valley  | Winderemere Ferry         | 9.30* | 30              | Bill (Jackson)     | 015394 44179 |
| <b>February</b> |                  |  |                           |       |                 |                    |              |
| SUN             | 7                | Furness Lanes  | Ulverston Station         | 10.00 | 35              | Paul (Rodman)      | 01539 730792 |
| SAT             | <u>(2 rides)</u> | Grizedale/Claife Heights <u>OFF ROAD</u>                       | Winderemere Ferry         | 9.30* | 30              | Bill (Jackson)     | 015394 44179 |
|                 |                  | Morecambe  | Blue Bell, Heversham      | 10.30 | 30              | Malcolm (Cox)      | 01539 562881 |
| <b>March</b>    |                  |  |                           |       |                 |                    |              |
| SUN             | 7                | Kirkby Lonsdale  | Lakes Leisure, Kendal     | 10.00 | 40              | Mark (Bazeley)     | 01539 732064 |
| SAT             | 20               | Brougham Castle from Shap                                      | Memorial Car Park, Shap   | 10.00 | 33              | Andy (Mason)       | 01539 739119 |
| <b>April</b>    |                  |  |                           |       |                 |                    |              |
| SUN             | 11               | Brigsteer Woods & Staveley *                                   | Lakes Leisure, Kendal     | 10.30 | 25              | Janet & Paul       | 01539 727175 |
| SAT             | 17               | Appleby via Shap   | Orton                     | 10.00 | 45              | Malcolm (Cox)      | 01539 562881 |
| WED             | 21               | Slaidburn  | Warton GR496724           | 10.00 | 60              | Bryan (Hollowell)  | 01229 716640 |
| <b>May</b>      |                  |  |                           |       |                 |                    |              |
| SUN             | 9                | A themed ride examining the development of roads around Kendal | Lakes Leisure, Kendal     | 10.00 | 25              | Chris (Rowley)     | 01539 732556 |
| SAT/SUN         | 15/16            | Melrose W/E  | Details to follow         |       |                 | Malcolm (Cox)      | 01539 562881 |
| WED             | 19               | Kentmere, Longsleddale <u>OFF ROAD</u>                         | Staveley, Barley Bridge   | 10.30 | 28              | Neil (Hazelhurst)  | 015394 42586 |
| SAT             | 22               | Morecambe  | Lakes Leisure, Kendal     | 10.00 | 45              | Paul (Rodman)      | 01539 730792 |
| <b>June</b>     |                  |  |                           |       |                 |                    |              |
| SUN             | 6                | Settle Circular  | Settle Railway Station    | 10.00 | 36              | Steve (Warner)     | 01539 734867 |
| WED             | 16               | Hawes  | Sedbergh - Loftus Hill CP | 10.00 | 40              | Hilary (Robertson) | 01539 563518 |
| SAT             | 19               | Kirkby Stephen & Sedbergh                                      | Lakes Leisure, Kendal     | 9.30  | 60              | Jack (Ellerby)     | 01539 727651 |

\* This is a 'Flora of the Fells' ride, arranged in conjunction with the Friends of the Lake District

Between May and September we meet at the Lakes Leisure, Burton Road, Kendal at 7.00pm each Tuesday when there is an 'Easy Tuesday' ride of about 15 miles. Details of the actual venues will be advised later.

**For further information on any of the rides, please 'phone the ride leader.**

\*For 9.50 Ferry